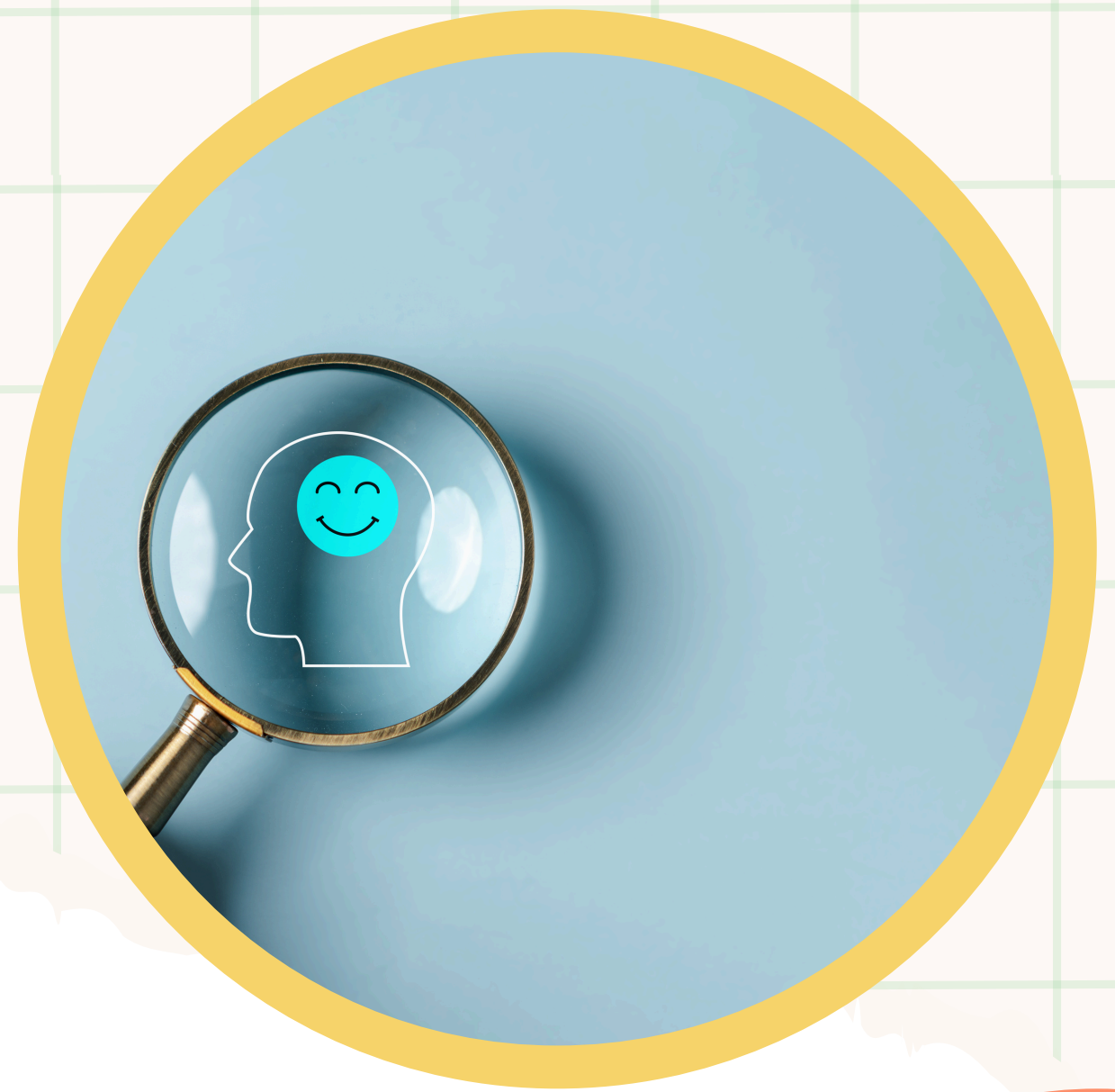




ME & MY MIND, MENTAL HEALTH SUPPORT TEAM



In this session, we will share information about children's mental health and wellbeing and ideas for supporting them.

We aim to make these sessions as informal and comfortable for you as possible. There is no pressure for you to share anything about yourself or your family.



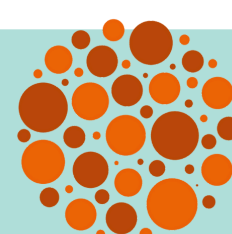
Booking Information

Please use this [booking form](#) to book your [space](#) by clicking this link or scanning the QR code

Parent & Carer Booking Form

INFORMATION





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