

1ST

Choose from...

MONDAY

Sausage

to go with

Baked Beans, Mashed Potato

TUESDAY

BBQ Chicken Pizza

to go with

Sweetcorn, Homemade
Potato Wedges

WEDNESDAY

Roast Gammon

to go with

Broccoli, Carrots, Roast
Potatoes, Gravy

THURSDAY

Chicken Balti

to go with

Herby Rice, Garlic &
Coriander Naan Bread,
Mixed Salad

FRIDAY

Cod in Batter

to go with

Baked Beans, Chips, Peas

Main

Quorn Sausages

to go with

Baked Beans, Mashed Potato

Home-made Pizza

to go with

Sweetcorn, Homemade
Potato Wedges

Mac N Cheese

to go with

Broccoli, Carrots, Mixed
Pasta, Gravy

Vegetable Curry

to go with

Herby Rice, Garlic &
Coriander Naan Bread,
Mixed Salad

Quorn Hotdog

to go with

Baked Beans, Chips, Peas

Vegetarian

Pasta

to go with

Mixed Veg
with choice of fillings
Homemade Tomato & Basil
Sauce

Jacket Potato

to go with

Sweetcorn
with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo, Cheese & Beans

Pasta

to go with

Mixed Veg
with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap

to go with

Herby Rice, Mixed Salad
with choice of fillings
Grated Cheese, Ham Salad,
Tuna Mayo

Jacket Potato

to go with

Sweetcorn
with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo, Cheese & Beans

Combo

Homemade
Biscuits

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Chocolate & Banana Cake
to go with
Custard

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Butterscotch Angel
Delight

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Banana Flapjack

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Fresh Fruit Salad

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

2ND

...and to finish!

Bread and Salad will be
available at Lunch Times

Please speak to a member of the Catering Team or view rallishschool.co.uk for Allergen Information



WEEK 2

MONDAY

1 Choose from...

Chicken Stir Fry

to go with

Steamed Rice

Beef Bolognese

to go with

Homemade Garlic Bread,
Spaghetti, Mixed Salad

Roast Chicken

to go with

Broccoli, Carrots, Roast
Potatoes, Gravy

Turkey Chilli Tacos

to go with

Mixed Veg, Sunshine Rice

Jumbo Fish Finger

to go with

Baked Beans, Chips, Peas

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main

Vegetable Stir-fry

to go with

Steamed Rice

Vegetarian Bolognese

to go with

Homemade Garlic Bread,
Spaghetti, Mixed Salad

Quorn Roast

to go with

Broccoli, Carrots, Roast
Potatoes, Gravy

Roasted Vegetable Tacos

to go with

Mixed Veg, Sunshine Rice

Quorn Sausages

to go with

Baked Beans, Chips, Peas

Vegetarian

Pasta

to go with

Mixed Veg

with choice of fillings
Homemade Tomato & Basil
Sauce

Jacket Potato

to go with

Sweetcorn

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo, Cheese & Beans

Pasta

to go with

Mixed Veg

with choice of fillings
Homemade Tomato & Basil
Sauce

Wrap

to go with

Herby Rice, Mixed Salad

with choice of fillings
Grated Cheese, Ham Salad,
Tuna Mayo

Jacket Potato

to go with

Sweetcorn

with choice of fillings
Baked Beans, Grated Cheese,
Tuna Mayo, Cheese & Beans

Combo

Fresh Fruit Salad

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Cocoa Brownie

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Carrot Cake

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Apple & Cinnamon Pancakes

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Strawberry Iced Smoothie

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly



...and to finish!



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1 Choose from...

MONDAY

Sweet & Sour Chicken

to go with

Mixed Veg, Savoury Mixed Rice

TUESDAY

Beef Lasagne

to go with

Green Beans, Wholemeal Garlic Bread

WEDNESDAY

Roast Chicken

to go with

Broccoli, Carrots, Roast Potatoes, Gravy

THURSDAY

Turkey Pasta Bake

to go with

Green Beans, Homemade 5050 Bread

FRIDAY

Cod in Batter

to go with

Baked Beans, Chips, Peas

Main

Katsu Curry

to go with

Mixed Veg, Savoury Mixed Rice

Roasted Veg Lasagne

to go with

Green Beans, Wholemeal Garlic Bread

BBQ Quorn Fillet

to go with

Broccoli, Carrots, Roast Potatoes, Gravy

Tomato Pasta

to go with

Green Beans, Homemade 5050 Bread

Cheese Puff

to go with

Baked Beans, Chips, Peas

Vegetarian

Pasta

to go with

Mixed Veg
with choice of fillings
Homemade Tomato & Basil Sauce

Jacket Potato

to go with

Green Beans
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Pasta

to go with

Carrots
with choice of fillings
Homemade Tomato & Basil Sauce

Wrap

to go with

Green Beans, Mixed Pasta
with choice of fillings
Grated Cheese, Ham Salad, Tuna Mayo

Jacket Potato

to go with

Sweetcorn
with choice of fillings
Baked Beans, Grated Cheese, Tuna Mayo, Cheese & Beans

Combo

Apple Crumble

to go with
Custard

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Blueberry Muffins

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Peaches & Ice Cream

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Raspberry Sponge

to go with
Custard

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

Mandarin Jelly

Fresh Fruit Pot,
Yoghurt, Cheese and
Biscuits, Jelly

2 ...and to finish!

Bread and Salad will be available at Lunch Times

